



Warm and Cool Feelings Colors

Colors can feel different to different people. There are no wrong answers on this page.

1. Circle a feeling that is close to how you feel right now.

Calm	Excited	Sad	Frustrated
Happy	Worried	Tired	Not Sure

2. Make a palette for that feeling.

 sunset	 mango	 banana	 leaf	 lagoon	 sky
 berry	 rose	 cocoa	 mist	 night	 cloud

Color your own feelings palette:

			
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3. What do you notice about the colors you chose?
